



# Good Eaton Gourmet Menu Ideas

## MEATS

Pork Tenderloin with Sautéed Onion and Fennel  
Pork Tenderloin with Fresh & Dried Fruit  
Pork Tenderloin with Herbed Breadcrumb Crust  
Pretzel-Crusted Pork Chops w Orange-Mustard Sauce  
Pork Paprikash  
Roasted Pork Loin w/ Maple-Mustard Crust  
Braised Lamb Shanks w/ Fennel and Red Potatoes  
Braised Lamb Shanks with Rosemary  
Roast Fillet of Beef w/ Stilton and Crispy Shallots  
Fillet of Beef Wellington  
Beef Croustades w/ Boursin & Mushrooms  
Beef Bourgogne  
Mediterranean Pot Roast  
Traditional Beef, Veal, Pork Meatloaf  
Scrumptious Shepherd's Pie  
Casserole of Ham, Cheese and Potatoes  
Beef and Black-eyed Pea Chili  
Dad's Spare Ribs  
Short Rib Wellington Potpie  
Braised Short Ribs with Red Wine  
Grilled Lamb Chops w/ Rosemary  
Veal with Wild Mushroom Sauce  
Italian Veal and Pepper Stew  
Leg of Lamb en croute  
Rack of Lamb Rosemary & Thyme

## MEATS Continued

Crown Roast of Pork w/ Sausage & Apricots  
Braised Rabbit with Olives  
Traditional Meat Lasagna  
Ham, Cheese and Potato Casserole

## POULTRY

Chilled Duck Breast w/ Zinfandel Sauce  
Roast Duck Breast w/ Balsamic & Apricot Sauce  
Cassoulet  
Chicken and Okra Gumbo  
Apricot Glazed Chicken  
Sausage and Shitake Stuffed Chicken  
Chicken Pot Pie  
Turkey Pot Pie  
Spicy Turkey Meatloaf  
Parmesan Chicken w/ Garlic and Herbs  
Buffalo Chicken Wings  
Chicken Chasseur  
Cajun Chicken Cassoulet

## SEAFOOD

Soft-shelled Crabs (in season)  
Fish Provencal  
Shrimp Bisque  
Broiled Orange Roughy  
Cajun Shrimp and Rice  
Fish in a Bag (Parchment Packets)



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## SEAFOOD Continued

Shrimp Provencal  
Bouillabaisse  
Mousseline of Shrimp "Cakes"  
Cod w/ Mushrooms, Garlic & Vermouth  
Cumin-rubbed Tuna w/Jalapeno Tartar Sauce  
Mussels Steamed w/ leeks, Tomatoes & Garlic  
Salmon Seared on Bacon w/ Balsamic Vinegar  
Herb & Parmesan -Crusted Tilapia  
Seared Scallops w/ Shallot & Grapefruit Sauce  
Crab Cakes  
Broiled Walleye  
Broiled Shrimp w/ Tomatoes & White Beans  
Seared Tuna with Wasabi Mayonnaise  
Paella

## VEGETARIAN / PASTA

Braised Fennel w/ Tomatoes & Garlic Crumbs  
Roasted Broccoli w/ Soy & Sesame Seeds  
Ravioli w/ Goat Cheese & Spinach  
Green Bean Basquaise  
Butternut Squash Bisque  
Roasted Root Vegetables w/ Rosemary  
Minestrone Soup  
Italian Vegetable Stew  
Veggie Chili  
Grilled Polenta

## VEGETARIAN continued

Spinach Lasagna  
Lasagna Bolognese - Meatless  
Macaroni & Cheese  
Four-Cheese Macaroni and Cheese  
Quiche au Fromage  
Savory Cornbread Pudding  
Grilled Green Tomatoes Carpese

## SIDE DISHES

Mushroom Risotto with Peas  
Spaghetti Squash w/ Brown Butter  
Goat Cheese Puff  
Roasted New Potatoes  
Wild Mushroom and Walnut Tarte Tatin  
Julienne of Sesame Carrots & Celery Root  
Grilled Eggplant w/ Spicy peanut Sauce  
Polenta Triangles  
Haricots Verts w/ Herb Butter  
Grit Casserole  
Baked Fennel au Gratin  
Stewed Tomatoes  
Carrot Soufflé or Casserole  
Brussels sprouts and Bacon  
Green Beans and Tomatoes  
Baked Sweet Potatoes w/ Brown Sugar  
Asparagus w/ Hollandaise Sauce



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## SIDE DISHES Continued

Scalloped Potatoes

Twice Baked Potatoes

Cous Cous with Pine Nuts & Parsley

Brown and Wild Rice Medley

Rice Pilaf

Grandma's Corn Pudding

Wild Mushroom Risotto

## SOUPS/SALADS

Chilled Watercress Soup

Vichyssoise

Gazpacho

Chinese Hot-And- Sour Soup

No-Cook Tomato Buttermilk Soup

Chilled Avocado Soup w/ Shrimp and Chives

Strawberry Soup

Cream of Morel Mushroom Soup

Bloody Mary Salad

Cucumber & Tomato Salad

Orange Salad with Beets & Fennel

Pear Salad w/ Raspberry Cream

Caesar Salad

Wedge Salad w/ Blue Cheese Dressing

Potato Salad

Chicken Salad

Green Apple, Celery Root w/ Pecans, Blue Cheese

Grilled Romaine Salad

Wilted Spinach w/ Angel Hair Pasta

## DESSERT

Crème Brulee

Boston Cream Pie

Chocolate Lava Cake

Peach Upside Down Cake

Whoopie Pies (Banana, Chocolate, Gingerbread)

Cherry Pie

Apple Pie

Milkless, Eggless & Butterless Cocoa Cake

Banana Cream Pie

Apple Cranberry Crisp

Triple-Pear Cake

Lemon Pie

Tequila Key Lime Pie